

DETLEF RAU BREDOW

Yoga Yoghismo Teacher.



LAYA GLUEKSTEIN

Yoga Yoghismo Teacher. Sportsman, bodybuilder and body therapist.

ARGENTINA

GERMANY



GISELLE CISNEROS

Yoga Yoghismo Teacher, specialized in Acrobatic Yoga, she teaches classes to children, seniors and pregnant women.



ISELA VEGA

Yoga Yoghismo Teacher and she has studies in Music Therapy, Ayurveda and Meditation.



MARÍA GABRIELA ARANCIBIA

Yoga Yoghismo Teacher, Thai Traditional Massage Therapist and professional dancer. She has specialized in jazz, belly dance, tango and classical dance.



MÓNICA FERNÁNDEZ

Yoga Yoghismo Teacher and visual artist. She has specialized in Athletics, Feng Shui, Pilates among others.



NATALIA CUESTA Yoga Yoghismo Teacher.



NATALIA MARCHESI

Yoga Yoghismo Teacher and accountant for the National University in Cordoba. She has studies in Usui Traditional and Tibetan Reiki levels I, II, and III. Music therapy, Chakra harmonization and Osho Dynamic meditation.



OLGA DEL ARIA

Yoga Yoghismo teacher, she has more than 5 years of experience as a yoga teacher.



SARA FERNÁNDEZ

Yoga Yoghismo Teacher y Psychologist and Gestalt Psychologist. Throughout her career she has specialized as a family constellations and facilitator of Human Development in Groups and Organizations.



VALERIA AMBROSIO

Yoga Yoghismo Teacher. She has holistic studies in which some of them stand out in Language Ontology, Floral Therapy, Reiki Teacher, Akashic Records Reader, etc.



ZULMA DEL VALLE

Yoga Yoghismo teacher with Psychology studies.

BOLIVIA



ALICIA HOYOS

Yoga Yoghismo Teacher and Director AIYY in Bolivia. She has specialized in Restorative and Relaxing Yoga. She teaches at the National Theatre School and she gives individual and grouped yoga classes.



CARLA ANSOLEAGA

Yoga Yoghismo Teacher.



CLAUDIA ZILVETTI

Yoga Yoghismo Teacher and Psychologist with a specialty in Gestaltherapy, she has more than 20 years of experience giving Yoga classes and workshops.



JUAN CARLOS IBARRA

Yoga Yoghismo Teacher. He studied Systems Engineering at Bolivian Catholic University "San Pablo". Currently, he coordinates workshops and courses in Yoga in Synthesis La Paz, Bolivia.



MARÍA SOL GARCÍA

Yoga Yoghismo Teacher with a degree in Advertising Communication. She has certifications in Aromatherapy and Reiki level I. In her Yoga practice a teaching she has been focused in Hatha Kriya Yoga, Raja Yoga, Prenatal and Ashtanga Inbound. Currently, she teaches yoga at different yoga centres and offers Reiki and Aromatherapy therapies.



TULIA NOYA

Yoga Yoghismo Teacher and Architect by profession.





CARMEN GUAJARDO

Yoga Yoghismo Teacher with a degree in Public Relations from the Pacific University in Chile.



JORGE ANGULO

Yoga Yoghismo Teacher and economist by profession. Therapist in Holistic Integral Psychoneuroimmunology. In his practice and yoga teaching he has specialized in Restorative Yoga, the Feldenkrais method and the iliac psoas.





RAHEL PACHECO

Yoga Yoghismo Teacher and psychologist. Specialized in Prenatal and Postnatal Yoga, Yoga for children, Yoga Therapy, Laughter Yoga and Ashtanga Yoga. Director of the Ra Yoga Integral School.





AIMÉE CARRILLO

Yoga Yoghismo and psychologist at the University of Texas. Currently, she teaches yoga classes and workshops in various centers.



VALDEMAR PRADO

Yoga Yoghismo and mathematical physicist by the Michoacan University, teacher by UC Berkeley University. Currently, he works on special projects of the United Nations..

FRANCE



MAT CUPI

Yoga Yoghismo Teacher.

ITALY



ALESSANDRA CIANI

Yoga Yoghismo teacher and sports lover. Currently, she is training as a Pedagogue. In her practice and teaching of yoga she has specialized in Hatha Yoga, Yoga Flow and Yoga for children.



MANUELE SESTIERI

Yoga Yoghismo Teacher with a degree in Letters. He has Osteopathy studies. Specialized in Ashtanga Vinyasa Yoga.



SABINO BARBIERI

Yoga Yoghismo Teacher.





ADRIANA SALAZAR

Yoga Yoghismo Teacher and graphic designer by profession. She has specialized in Ayurveda by The Ayurvedic Institute and Restorative Yoga. Currently, she is pursuing a master's degree in Business Administration with Marketing at TecMilenio University.



ANA MARÍA BOHÓRQUEZ

Yoga Yoghismo Teacher and psychologist. Specialized in Gestalt Psychotherapy. Director of the Yoga in Synthesis Xochimilco in Mexico City.



ANA PATRICIA HERNÁNDEZ

Yoga Yoghismo Teacher and physiotherapist by profession. Specialized in Restorative Yoga.



ANGÉLICA TRETO

Yoga Yoghismo Teacher with a degree in Philosophy. Master's studies in Philosophy and Psychoanalysis.



ARMANDO BRAVO

Yoga Yoghismo Teacher and lawyer by profession. He has specialized in Restorative Yoga and Yoga for children.

BRENDA ROSAS

Yoga Yoghismo Teacher and biochemical engineer by the IPN, she has a master's degree in Corporate Finance from the UDLAP. In her career in yoga, she has specialized in prenatal yoga, Vinyasa Yoga, meditation and yoga for children. Additionally, she has trained as a sonotherapist, angelotherapist, reiki master and floral therapist.



CITLALI AYALA

Yoga Yoghismo Teacher, nutritionist from the University of Morelia and teacher in Clinical Nutrition at the University of Valle de Atemajac.



CRISTIAN CONTRERAS

Yoga Yoghismo Teacher, communications by profession. Founder of Mama Cachumba, a vegetarian and vegan restaurant in San Luis Potosí. Specialized in Restorative Yoga and Restorative Alignment.



DIANA ALTAMIRANO

Yoga Yoghismo Teacher and Business Administrator by profession. Specialized in Restorative Yoga.



EDGAR CASTILLO

Yoga Yoghismo Teacher and PhD in Philosophy from UNAM. He teaches at the Faculty of Philosophy. Specialized in Philosophy and Yoga.



EVELIN RODRÍGUEZ

Yoga Yoghismo Teacher. Currently, she coordinates workshops and activities in Yoga in Synthesis Mexicali, México.



GIBRAN VALDÉS

Yoga Yoghismo Teacher and physical by the UNAM. Master of Capoeira of the International Association of Capoeira Rueda de Sol. Specialized in Ashtanga Vinyasa Yoga and yoga for children.



GILDA BARROSO

Yoga Yoghismo Teacher and accountant by profession. She has specialized in Yoga for children, Yoga and transcendent sexuality and Restorative Yoga.



GUILLERMINA CEJA

Yoga Yoghismo Teacher and Ayurveda Lifestyle coach.





HELEN TELLO

Yoga Yoghismo Teacher and visual artist by the Popular School of Fine Arts.

IRIS CASTELÁN

Yoga Yoghismo Teacher and a degree in Communication Sciences and Techniques from UNID. Certified as Ontological Coach by CIDEC. Currently, she teaches yoga at Ajnar Yoga Pachuca.



LORENA TAZZER

Yoga Yoghismo Teacher and communications by profession. Specialized in Vinyasa Flow, Yoga for children and teenagers and Tantra Yoga.



LUIS MEDINA Yoga Yoghismo Teacher and nutritional advisor. Currently, he gives yoga workshops, gastronomy and he is the chef of Veggie Café.



MARTHA NICOLI Yoga Yoghismo Teacher.



MAYRA RODRÍGUEZ

Yoga Yoghismo Teacher and public accountant for the UABC. Currently, she is pursuing a degree in Psychology at UVM Mexicali and coordinates workshops and graduates in the cities of Mexicali, Mexico and Calexico, United States.



MELISSA RODRÍGUEZ

Yoga Yoghismo Teacher and teacher of Physical Education at preschool level. Specialized in Yoga for children, youth, Yoga and spine and Yoga focused on sports.



NOHEMÍ GONZÁLEZ

Yoga Yoghismo Teacher and a psychologist by profession from the Autonomous University of Baja California. Specialized in Integrative Gestalt Psychotherapy. Dancer and percussionist of traditional Afro-Guinean dances.



OLIVER CONTRERAS

Yoga Yoghismo Teacher and a degree in Administration from the UASLP, he holds a master's degree in Educational Sciences from the UVM. Co-founder of the Solaris Holistic Centre. He has specialized as a facilitator and independent lecturer on training and updating in Human Development and Yoga.



PATRICIA SÁNCHEZ

Yoga Yoghismo Teacher and a dental surgeon from UNAM, with a specialty in Orthodontics from IDAP. In

her yoga practice she has specialized in Restorative Yoga and Alignment.



PEDRO MÉNDEZ

Yoga Yoghismo Teacher and accountant by profession. Director of the headquarters Cultural Centre "Yoga in Synthesis" in Mérida, Yucatán.

SELENE JIMÉNEZ

Yoga Yoghismo Teacher and therapist in Therapeutic Massage. She has specialized in French-Swedish relaxing massage, Anatomy physiology Aromatherapy, Neuroreflexiology and Restorative Yoga.



TONY CONTRERAS

Yoga Yoghismo Teacher. Specialized in Ashtanga Vinyasa Yoga, Osho and Kundalini Yoga.



VENUS SERRATOS

Yoga Yoghismo Teacher and a degree in Psychology from the Autonomous University of the Northeast. She has specialized in Gestalt Psychotherapy. Currently, she is pursuing a career in Physical Therapy at the IMSS S. XXI Hospital and a specialty in Restorative Yoga.



YARA OTEIZA

Yoga Yoghismo Teacher and medical surgeon and midwife at the Michoacan University. Her practice and teaching has focused her on Therapeutic and Restorative Yoga.



ZAID LOPEZ

Yoga Yoghismo Teacher and a degree in Tourism from the UAZ.



CARLA SOROGASTUA

Yoga Yoghismo Teacher.



MILAGROS ANTON

Yoga Yoghismo Teacher. In her yoga practice, she has specialized in Prenatal Yoga, Restorative Yoga. Currently, she is training in Logotherapy by the Peruvian Institute of Logotherapy Viktor Frankl and teaches yoga in various centers.



WENDY CAMACHO

Yoga Yoghismo Teacher.







ADRIANA VENTURA

Yoga Yoghismo Teacher and nutritionist at the Central University of Venezuela.



ANA GONCALVES

Yoga Yoghismo Teacher, Geophysical engineering by profession. Ashtanga Vinyasa Yoga practitioner.



ANDREA CUEVAS

Yoga Yoghismo Teacher. She has specialized in Circus and Acrobatic Arts and as a manual therapist. Currently, she directs the Centre of Body Harmony and graduates in Yoga in Synthesis Valencia, Venezuela.



ARIADNA GAMBOA Yoga Yoghismo Teacher.



DANIELA FALLETA

Yoga Yoghismo Teacher and marketing by profession by the Higher University Institute of Marketing.



DEYANIRA ESPINOSA Yoga Yoghismo Teacher.



EDGAR MORENO

Yoga Yoghismo Teacher and Professor of Modern Languages at the Experimental Pedagogical University Liberator of Caracas. He has more than 20 years of experience as a professor of yoga and of languages as an instructor.



KATHERINE DE CAMPOS

Yoga Yoghismo Teacher and medical surgeon from the Luis Razetti School of Medicine in Venezuela. Currently, she is studying for a master's degree in Barcelona.



LOLIMAR MARQUEZ

Yoga Yoghismo Teacher and civil engineer by the Santiago Mariño Polytechnic Institute.





MELVA GÓMEZ

Yoga Yoghismo Teacher and coordinator of workshops and graduates in San Cristobal, Venezuela, and Mexico City. She has specialized in Yoga for children.

NERILUZ ACEVEDO

Yoga Yoghismo Teacher.



NOELIA SERRANO

Yoga Yoghismo Teacher and a degree in Nursing from the Central University of Venezuela. In her practice and teaching of yoga, she has specialized in Ashtanga Yoga and yoga for children.



OMAR BERMÚDEZ

Yoga Yoghismo Teacher and professional photographer.



PEDRO BARRIOS

Yoga Yoghismo Teacher and Mechanical Engineering student from the University of Carabobo. He has specialized in Acroyoga and Thai massage. Currently, he teaches yoga classes and workshops and studies at the Body Harmony Centre of Caracas.



RAY VILORIA

Yoga Yoghismo Teacher and personal trainer. He studied at the Naval School of Valenzuela. Currently, he coordinates workshops and diploma courses in eastern Venezuela.



SARINA BRAZON

Yoga Yoghismo Teacher and public accountant at East University.



YOLIMAR RAMÍREZ

Yoga Yoghismo Teacher and medical surgeon from Los Andes University. Specialized in Cardiology by the Venezuelan Institute of Social Security. Her practice and teaching and teaching of yoga have focused on restorative yoga.

